

Practicing Ancient Body Prayers

June 15 & 16

Friday, 7 - 9 pm

Saturday, 9:30 am – 4 pm

First Community Church

Brownlee Hall, South Campus

1320 Cambridge Blvd, 43212

\$125 for weekend

Pre-register for Boxed Lunch from *Freedom a la carte*
\$11 - Choice of Hummus Wrap (vegetarian) or
Chicken Salad sandwich

Learn about the development of The Cuyamungue Method for using ritual postures to access a right-brain, holistic perception that expands spiritual awareness. View ancient and contemporary ritual postures from around the world to appreciate their presence as a global phenomenon. Experience two ritual posture sessions with the opportunity to process this method for spiritual opening.

The Friday evening lecture will include a slide show of postures from around the world and a review of the method used to guide individuals into the experience of ecstatic trance. On Saturday we will use the method to experience the art of healing and metamorphosis using ritual postures.



Belinda Gore has been a teacher and practitioner of Ecstatic Trance for over 30 years. She was a friend and colleague of Dr. Felicitas Goodman and former president of The Cuyamungue Institute. Her two books, Ecstatic Body Postures and The Ecstatic Experience, are foundational resources for

understanding the origins of ritual postures from around the world and for using The Cuyamungue Method to expand the scope of our consciousness. She is a psychologist and coach, and teaches as senior faculty with The Deep Coaching Institute.